

Sustainable Swaps



for your Home

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SUSTAINABLE SWAPS

FOR YOUR HOME

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Food Storage

SIMPLE SWAPS FOR THE KITCHEN

Click the images to find the products

(Contains my affiliate links)



Stasher Bag

Reusable silicone food bags; used for storing, cooking, microwaving & freezing. Dishwasher friendly.

Kilner Jars

Reusable glass jars great for storing & preserving food. Dishwasher friendly.



Beeswax Wraps

Reusable food wrap which replaces the need for cling film & can be composted at the end of it's life.



Dish Washing

SIMPLE SWAPS FOR THE KITCHEN

Click the images to find the products

(Contains my affiliate links)

Metal Scourer

Heavy-duty metal scourers, great for tough stains & baked on food. Can be recycled when no longer usable.



Dish Washing Brush

Redecker wooden dishwashing brush with replacement heads.

Reusable Scrubber

Reusable silicone BPA-free scrubber.

Perfect for replacing disposable green sponges & scourers.





Daily Life

SIMPLE SWAPS FOR THE HOME

Click the images to find the products

(Contains my affiliate links)



Metal Straws

Poppy Bee reusable stainless steel metal straws. Easy to clean. Dishwasher friendly.

Produce Bags

Boobalou reusable produce bags. Take them shopping with you instead of using plastic bags.



Reusable Bottle

BUILT New York reusable stainless steel water bottles. Long lasting and insulated so great for hot & cold drinks.



Bathroom

SIMPLE SWAPS FOR THE BATHROOM

Click the images to find the products
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Safety Razor

I Love my Merkur safety razor! They last forever with good care. You only need to buy replacement blades which can be recycled.

Makeup Wipes

Reusable bamboo make up wipes from Cheeky Wipes. Use with warm water & coconut oil. Works a treat! Wash and reuse.



Alum Stone

Replaces deodorant. Reusable & lasts a long time. Wet it to use under arms then dry.



Bathroom +

SIMPLE SWAPS FOR THE BATHROOM

Click the images to find the products

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Shampoo Bar

Great replacement for shampoo in bottles. I get mine from Lush.

Bamboo Toothbrush

Bamboo toothbrushes which can be composted when finished with. The bristles need removing though first.



Water Flosser

Replaces traditional floss. Use the water to clean your teeth. Comes with rechargeable battery. I use the Hangsun water flosser and love it!



Menstruation

SIMPLE SWAPS FOR YOUR PERIOD

Click the images to find the products

(Contains my affiliate links)



Lady Days Pads

Reusable sanitary pads. Click the image to read my full review.

Bedtime Pads

Great for getting you into cloth pads. Large enough to stop leaking. I love mine! Click image for review.



Mooncup

Made from soft silicone these reusable cups are perfect for anyone looking for a sustainable alternative to tampons.

About Georgina Caro

Georgina Caro is an award-winning blogger & content creator. Her blog Gypsy Soul is there to help you live a more sustainable & simple life



GypsySoul.co.uk

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